

# **Utah Behavioral Health Planning and Advisory Council Minutes**

*(Preliminary, these minutes have not been approved and accepted)*

January 28, 2-330 pm, MASOB, room 1020,  
Multi-Agency State Office Building (MASOB)  
195 N 1950 W, Salt Lake City

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***“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”***

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**Attendees:** Lori Cerar, Carol Buffi, Dan Braun, Eliot Sykes, Ginger Phillips, Jenifer Lloyd, Julie Hardle, Kim Myers, Lola Davis-Werner, MaryJo McMillen, Michelle Vance, Rebecca Glathar, Ron Bruno, Scott Boyle, Tammy Ames, Valerie Fritz, Vanessa Tuckett, Ashley Baird Wilson, Peggy Hostetter, Sam Vincent, Sean Erickson, Mica Greaves, Heather Apo-Ewers, Christina Zidow, Tina Cabral, Rebecca Brown (Nefsis), Tyler Goddard (Nefsis), Brandon Hatch (Nefsis)

*DSAMH staff: Jenn Oxborrow, Lana Stohl, Doug Thomas, Rick Hendy, Amy Buehler, Dave Felt, Dinah Weldon, Paul Korth, Roy Castelli, Robert Snarr, Susannah Burt, Susan Hardinger*

*Excused: Lynda Krause, Carol Ruddell, Eileen Maloney*

1. Welcome and Introductions- Lori Cerar, UBHPAC Chairperson
  - UBHPAC orientation folders are available for those who may be new or interested
  - The Mission Statement was read
2. Review and requested approval of October Minutes- Lori Cerar, UBHPAC Chairperson
  - Carol Buffi made the motion to approve the October minutes, Ginger Phillips seconded the motion, vote was unanimous
  - Valerie Fritz made the motion to approve the December minutes, Ron Bruno seconded the motion, vote was unanimous
3. Council Transformation Committee Update-Eliot Sykes
  - The UBHPAC Membership Committee reviewed applications from prospective Council members with the UBHPAC Transformation Committee to determine appointments of voting Council members. Appointments will be made today and membership certificates will be presented at the end today's meeting, welcoming the newly appointed Council.
  - Explained the intention to create a written request for technical assistance from DSAMH to the UBHPAC membership.
  - Applications from UBHPAC candidates can be submitted to Eileen Maloney, Eliot Sykes or Jenn Oxborrow (joxborrow@utah.gov). Individuals who have supported the UBHPAC and

not applied were invited to forward an application either online by going to the division website under the tab UBHPAC, or by hard copy (available at the meeting).

Eliot explained the importance of ensuring at least 2-3 peers are consistently participating in the Transformation Committee, and he asked anyone who may be interested to contact him directly at [eliots@utetribe.com](mailto:eliots@utetribe.com). The Transformation Committee was appointed by the UBHPAC in 2012 and is responsible for overseeing the transformation of the UBHPAC into an integrated Council including representation from mental health, substance use disorder, primary health and consumer/peer. The next Transformation Committee meeting is planned for February 22 from 12:00-1:30 pm at the DSAMH conference room. The agenda for that meeting includes UBHPAC membership application review, bylaw development work for the UBHPAC, and implementation, review the UBHPAC Executive Committee policies and procedures, and finalizing the letter from the UBHPAC requesting specific technical assistance from DSAMH

- UBHPAC Membership Committee Update

Eliot and Lori Cerar announced the appointments of voting members of the UBHPAC and invited the appointees to join the Council table. The following applicants are appointed as voting members of the UBHPAC per the agreement of the Transformation Committee and the Membership Committee, in accordance with interim bylaws: Michael Ray, Ginger Phillips, Sam Vincent, Kim Myers, Lynda Krause, Carol Ruddell, Valerie Fritz, Rebecca Brown, Ron Bruno, Carol Anderson, Daniel Braun, Julie Hardle, Lori Cerar, MaryJo McMillen, Eliot Sykes, Rebecca Glathar, Eileen Maloney and Jenifer Lloyd.

Applications will be reviewed at the monthly Transformation Committee meetings for the next two months then quarterly thereafter. Eliot explained that bylaw finalization is the priority of the Transformation Committee currently. Per formal adoption through a UBHPAC vote, formalized bylaws will replace the interim bylaws currently governing the UBHPAC.

During the January Transformation Committee meeting, the motion was made to promote the Transformation Committee to the Executive Committee in accordance with the UBHPAC transformation plans from 2011-12. After discussion about optimum structure and responsibilities, the Transformation Committee members were in unanimous favor.

Background on UBHPAC transformation and Block Grant history was provided to the UBHPAC and the public.

The Transformation Committee has developed 3-4 potential subcommittees of the UBHPAC to include: budget, advocacy, membership and block grant review. Voting UBHPAC members are welcome to volunteer for any committee. In the future, special committees or workgroups may be formed to accomplish certain tasks, it may not be necessary to be a voting UBHPAC member to participate in such committees or workgroups. Jenn again thanked the Transformation Committee for their hard work.

The Executive Committee will oversee operations of UBHPAC . Ron Bruno made the motion to move ahead and establish the Executive Committee, Dan Braun seconded the motion and the vote was unanimous.

#### 4. Consumer, Public and Council Member Comments

Strategies for Improving Diverse Council Membership: Lori Cerar stated she would like to consider strategies to improve statewide representation on the Council. Jenn wants to continue to investigate new technology and creative ways to insure voices are heard throughout the state; ideas from the Council include town hall meetings conducted throughout the state and throughout the year, where information can be brought back to the UBHPAC. Sam Vincent asked what the known barriers are and why more people not using remote meeting access through Nefsis. Michelle Vance stated the typical meeting time of 2pm on a weekday is difficult for students, stating after 4pm works best for youth. Lori Cerar requested the Membership Committee explore the possibility of conducting focus groups to gather more information on these concerns.

#### 5. DSAMH Announcements-brief reports

- Jenn Oxborrow/Dave Felt—Block grant updates

The Combined 2014-15 block grant application is due for public posting in March, and for official submission on April 1, 2013. Dave and Jenn are organizing the application and providing the majority of the written application with support from many other DSAMH staff, community partners and a UBHPAC block grant review team (Carroll Ruddell, Delia Rochon, Lori Cerar, and Valerie Fritz). Completed application segments will be forwarded to the review team throughout late February and early March for collaboration and feedback. To date, the block grant priorities for the application and current block grant budgets have been shared with the entire UBHPAC.

- DSAMH Leadership—Monitoring efforts, programming and legislative updates

Copies of the current mental health and substance abuse prevention and treatment budgets were distributed. Paul Korth provided technical assistance to the Council to explain the structure and funding designations in the current budgets.

MaryJo McMillen asked DSAMH leadership how to access the financial reports for Drug Court and current funding recommendations approved for inclusion in the Governor's budget. Lana Stohl stated that DSAMH employees we cannot advocate for programming that contradicts the Governor's budget, but UBHPAC members are able to request budgetary information by submitting a GRAMA request to Kameron Dalton in the Governor's office; GRAMA requests are available online at <http://attorneygeneral.utah.gov/grama.html>.

Jenn Oxborrow is working with Jeff Marrott to ensure UBHPAC agendas and minutes are uploaded to the DSAMH website in accordance with interim bylaws. Minutes and agendas for the UBHPAC are posted in accordance with the Open Public Meetings Act and can be accessed at: <http://www.utah.gov/pmn/index.html> and <http://www.dsamh.utah.gov/ubhpac.htm>.

#### 6. Comments

Ginger Phillips raised concerns about the national database which has 10,000 names of individuals who have been civilly committed due to mental illness, precluding them from

lawfully purchasing a firearm. Ginger said the database includes name, social security and birthdates.. DSAMH leadership and Ron Bruno reported the database search does not identify individuals as “civilly committed”, only “restricted person”, most court records are not private documents, the ability to have an individual’s name removed from the database needs to be addressed. A discussion ensued and DSAMH leadership advised that Senator Thatcher is the person to contact regarding concerns about the legality of the database. Ginger will draft a letter to legislature and bring back to the UBHPAC for consideration.

MaryJo McMillen-USARA is reviewing the process for legal expungement-and the possibility of amending current statute to better represent peers. She elaborated that USARA is particularly concerned with the impact non-violent felonies pose to individuals searching for work.

NAMI and USARA are hosting a rally: “Chill on the Hill”, February 12 at the Utah State Capitol:

Rally for Recovery 11-1:00 pm

Education Seminar 2:30-3:30

This is a chance to meet/talk to our legislators.

Kim Myers would like approval to send a letter to the Social Services Appropriation Committee (who is meeting on Friday) on behalf of the UBHPAC supporting Medicaid Expansion, emphasizing “Recovery is Possible”. Through dialogue, the Council determined letterhead should include names of individuals or agencies represented in the official UBHPAC membership.

Eliot Sykes made the motion for DSAMH staff to develop official UBHPAC letterhead, Rebecca Glathar seconded it, and vote was unanimous.

MaryJo McMillen made the motion that Kim Myers drafts a letter to the Governor on behalf of the UBHPAC supporting Medicaid Expansion, emphasizing “Recovery is Possible”. Rebecca Glathar seconded the motion, and all were in favor except Ron Bruno, who abstained.

Lori Cerar called the meeting to close and thanked all who attended.

The next UBHPAC meeting: Monday, February 25th, 2-330 pm, MASOB, room 1020

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